**Overall view of the benchmarks in Australian aged care services:** the 'fit' between hours worked and preferred hours, experiences of the actual work and the workplace, work-life interference, different aspects of job satisfaction and retention of the CCW and PCA workforce.

CCWs	Work hours <sup>1</sup>	Doing the work itself <sup>2</sup> (scores out of 7-higher scores better)	Work life interference <sup>3</sup> (scores out of 5-lower scores better)	Satisfaction with aspect of job <sup>4</sup> (scores out of 10-higher scores better)	s Intention to quit (%)
	Actual 25.9 hours	Time to care 5	Work interferes with responsibilities or activities outside work	Total pay	6 Overall 3.8
	Preferred <b>28.3</b> hours	Skills and abilities to do <b>6</b> the job	Work keeps one from spending required time with family and friends	Job security	7 Of those not expecting to work with the same provider:
	Hours fit 5 2.4	Use of skills and abilities in <b>6</b> the job	Work interferes with ability to develop or maintain friendships within community	The work itself (what you do)	Did not know where 60 they would work
		Freedom to do work 5	Feeling rushed or pressed <b>3</b> for time	Work hours	<ul><li>7 Would be working but 18.7 not in aged care</li></ul>
		Not under pressure 4	Dissatisfaction with work and life balance	Opportunity to develop abilities	7 Would be working in 11 aged care but with a different provider
		Not stressful 4		Level of support from team/ service provider	7
		Receive 5 respect/acknowledgement		Flexibility available to balance work and non- work commitments	8
		Good relations 6		Overall satisfaction	8
		Adequate training 6			

PCAs	Work hours <sup>1</sup>	Doing the work itself <sup>2</sup> (scores out of 7-higher scores better)		Work life interference <sup>3</sup> (scores out of 5-lower score better)	es	Satisfaction with aspect of job <sup>4</sup> (scores out of 10-highe scores better)		Intention to quit (%)	
	Actual <b>32.2</b> hours	Time to care 4	4	Work interferes with responsibilities or activities outside work	3	Total pay	5	Overal l	4.6
	Preferred <b>34.5</b> hours	Skills and abilities to do 4 the job	4	Work keeps one from spending required time with family and friends	3	Job security	7	Of those not expecting to work with same provider:	
	Hours fit 2.3	Use of skills and abilities <b>6</b> in the job	6	Work interferes with ability to develop or maintain friendships within community	2	The work itself (what you do)	7	Did not know where they would work	53. 3
		Freedom to do work 4	4	Feeling rushed or pressed for time	3	Work hours	7	Would be working but not in aged care	23. 2
		Not under pressure 4	4	Dissatisfaction with work and life balance	2	Opportunity to develop abilities	7	Would be working in aged care but with a different provider	13. 1
		Not stressful 4	4			Level of support from team/ service provider	7		
		Receive 5 respect/acknowledgem ent	5			Flexibility available to balance work and non- work commitments	7		
		Good relations 5				Overall satisfaction	7		
		Adequate training 5	5						

<sup>&</sup>lt;sup>1</sup> Values show hours worked per week.

<sup>2</sup> Level of agreement ranges from 1 (total disagreement) to 7 (total agreement). Values rounded to the nearest whole number.

<sup>3</sup> Frequency scale for first 4 items from 1 (never) to 5 (almost always); and for level of dissatisfaction from 1 (very satisfied) to 5 (not at all satisfied). Values rounded to the nearest number.

<sup>4</sup> Level of satisfaction ranges from 1 (totally dissatisfied) to 10 (totally satisfied). Values rounded to the nearest number.

<sup>5</sup> Fit between hours worked and preferred hours.